

WHAT HAPPENS AT A CLINIC B APPOINTMENT?

Clinic B is primarily for patients with one or more of the following hypertension, stroke, TIA, peripheral arterial disease or chronic kidney disease.

So what happens at a clinic B appointment?

Laboratory Tests and Investigations

Blood samples are taken and tested for:

U&E's: This is checked yearly, or more often if required, and primarily tells how well your kidneys are working.

Haemoglobin A1c (HbA1c): This is done to screen for the diagnosis of diabetes.

Creatinine and eGFR: This is checked yearly, or more often if required, and tells how well your kidneys are working.

Cholesterol: This is checked yearly, or more often if required.

Liver Function tests: these are checked periodically, particularly to ensure medication is not upsetting the liver and to look for evidence of fat deposition in the liver - which is frequently associated with diabetes and obesity.

Physical Examination

Blood pressure should be taken at every clinic visit. You will be advised on an appropriate target for your particular situation.